

**WEIGHTROOM SCHEDULE
SEPT. 14, 2009 – SEPT. 18, 2009**

MONDAY (9/14): WEIGHTROOM CLOSED
SCHOOL HOLIDAY

TUESDAY (9/15): 3:00 – 4:00 FROSH/JV SOCCER
FROSH/JV BASKETBALL
3:30 – 4:30 VAR. SOCCER
VAR. BASKETBALL
3:45 – 4:30 SOFTBALL
TRACK/FIELD
SWIM
4:00 – 5:00 VAR. GOLF

WEDNESDAY(9/16): 3:00 – 3:45 FROSH VOLLEYBALL
JV TENNIS
3:45 – 4:30 WATER POLO
4:15 – 5:00 JV VOLLEYBALL

THURSDAY (9/17): 3:00 – 4:00 FROSH/JV SOCCER
FROSH/JV BASKETBALL
3:30 – 4:30 VAR. SOCCER
VAR. BASKETBALL
3:45 – 4:30 SOFTBALL
TRACK/FIELD
SWIM
4:00 – 5:00 VAR. GOLF

FRIDAY (9/18): WEIGHTROOM CLOSED
Lorie has department and committee
meetings at her other school.